

# NC BLET Crime Prevention Techniques Study Guide

## 1. Crime Prevention Basics

- Definition: Strategies and measures to reduce crime risk and fear of crime by addressing their causes.
- Key Tool: **Your mind**—awareness and caution are your best defenses.
- Statistics: Crime rates have steadily declined, according to Unified Crime Reports and National Crime Victimization Surveys.

## 2. Problem-Solving Model

- **SARA Model:**
  - **Scanning:** Identify problems.
  - **Analysis:** Examine causes and patterns.
  - **Response:** Develop and implement solutions.
  - **Assessment:** Evaluate effectiveness.

## 3. Personal Safety Tips

- **General:**
  - Stay alert and confident.
  - Trust instincts and avoid risky areas.
  - Travel with companions when possible.
  - Avoid flashing cash or valuables.
- **If Attacked:**
  - Stay calm and avoid resistance unless necessary for survival.
  - Try to distract the assailant and seek help immediately.
- **Public Transport Safety:**
  - Stay attentive and avoid isolated areas.

## 4. Residential Security

- Answer doors and phones to deter burglars.
- Secure all entry points with locks.
- Use timers for lights when away.
- Avoid advertising absences or valuables.

## 5. Internet Safety

- Secure devices and update software.
- Use trusted websites and avoid free downloads from unverified sources.
- Teach children about safe online behavior and monitor their activities.

## 6. Auto Theft Prevention

- Always lock doors, park in well-lit areas, and never leave keys in the car.

## **7. Business Crime Prevention**

- Physical security: Locks, solid doors, and surveillance.
- Employee training: Awareness of shoplifting tactics (e.g., concealment, subterfuge, speed).
- Encourage customer support through visible signs and pamphlets.

## **8. Violence and School Safety**

- **Types of Violence:**
  - Youth and school violence include bullying, fighting, and cyberbullying.
- **Prevention:**
  - Implement school-based and community outreach programs.
  - Promote safety with trained School Resource Officers (SROs) as liaisons and first responders.

## **9. Community Crime Prevention**

- Neighborhood Watch Programs:
  - Encourage community involvement to prevent crime and foster cooperation.
  - Address additional community issues like youth recreation and housing.

## **10. Specialized Crime Techniques**

- **Identity Theft:**
  - Methods include phishing, skimming, and dumpster diving.
  - Protect identity with fraud alerts, credit freezes, and regular credit report checks.
- **Robbery Prevention:**
  - Employees should not resist during robberies.
  - Call law enforcement immediately after the incident.

## **11. Enhancing Public Awareness**

- Promote conflict resolution and awareness programs through schools, businesses, and media.
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